COMPARATIVE PROBABILISTIC RISK ASSESSMENT OF OCHRATOXIN A IN MOROCCAN CEREAL PRODUCTS

"Probabilistic risk assessment allows us to see not just what exposure might occur, but how often and to whom."



THE FUTURE OF PRA

CONTEXT



"In a country where bread is not just food but culture, each loaf becomes a potential exposure vector."



Ochratoxin A (OTA): mycotoxin from Aspergillus & Penicillium.



Nephrotoxic, possibly carcinogenic (IARC 2B).



JECFA PTWI: 100 ng/kg BW/week.



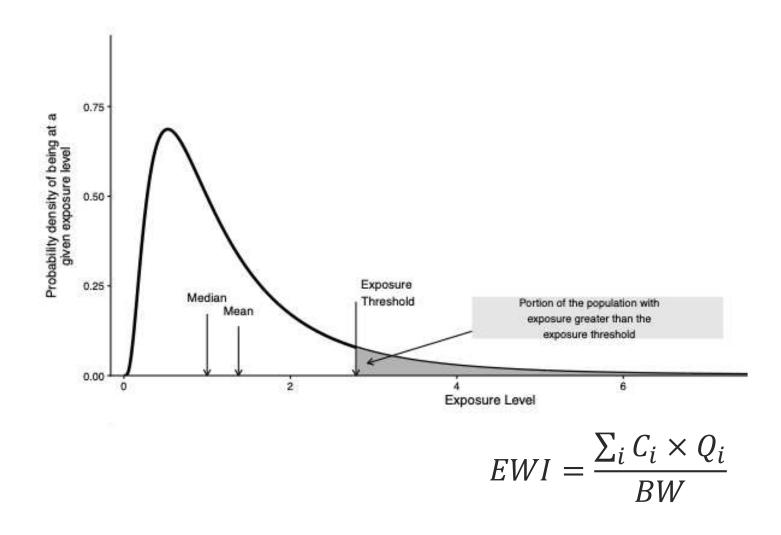
Moroccan diets: 185 kg cereals per person/year.

OBJECTIVE & STUDY DESIGN



- Compare OTA exposure from bread, pasta, semolina between Littoral (humid) & Continental (arid) regions.
- "Two climates, one staple diet how does environment shape our risk?"

CONCEPTUAL FRAMEWORK



"Deterministic models give us a number; probabilistic models give us a story."

- Exposure = Σ(Contamination × Consumption) / Body weight
- Deterministic: fixed means or percentiles
- Probabilistic: distributions & resampling

DATA FOUNDATION



- 226 samples of cereal derivatives.
- 474 individual consumption surveys.
- OTA up to 14.1 μg/kg detected.

DATA FOUNDATION

Bread = main contributor (> 85%).



Region	Median (ng/kg b.w./wk)	95th perc.	% of PTWI
Littoral	48.97	114.3	114 %
Continental	6.36	18.2	18 %

DATA FOUNDATION

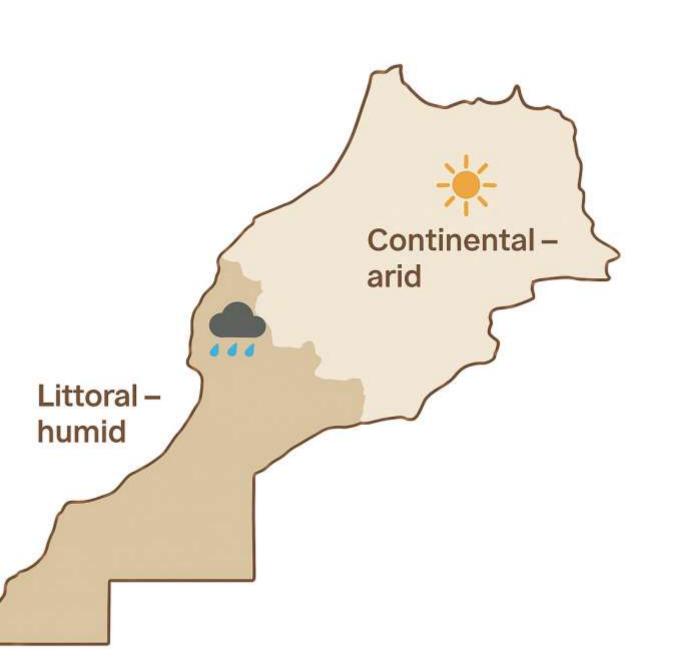
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DETERMINISTIC ESTIMATES

Bread = main contributor (> 85%).



$$EWI = \frac{\sum_{i} C_{i} \times Q_{i}}{BW}$$

Sampling Area	Cereal Derivative	P25	P50	Mean	P75	P95
	Bread	37.71	45.26	52.33	56.57	103.7
Littoral	Semolina	1.40	3.20	3.95	6.40	8.69
	Pasta	0.26	0.51	0.70	0.90	1.93
	Total EWI	39.37	48.97	56.98	63.87	114.3
Continental	Bread	1.43	1.71	1.98	2.14	3.93
	Semolina	1.33	3.05	3.76	6.10	8.28
	Pasta	0.80	1.60	2.18	2.80	6.00
	Total EWI	3.56	6.36	7.92	11.04	18.21
<i>p</i> -value ¹		0.0013	0.009	0.019	0.017	0.027

¹: *p*-value between littoral and continental EWI for the different percentiles (P25, P50, P75 and P95) and the mean.

Variability vs Uncertainty - The Concept

- Variability: natural differences among consumers.
- Uncertainty: limited knowledge about contamination and data.

"Variability is who we are; uncertainty is what we don't yet know."

PROBABILISTIC APPROACH

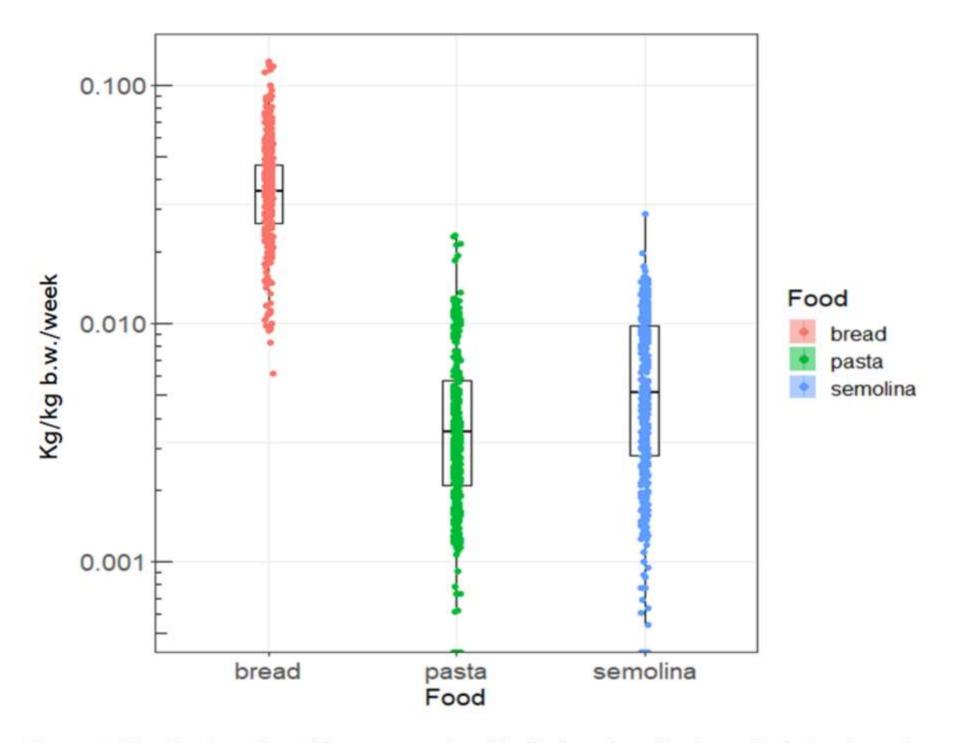


Figure 1. Distribution of weekly consumption (Kg/kg b.w./week) of cereals derivatives observed the littoral region.

Table 1. OTA levels (µg/Kg) in analyzed cereal derivatives samples.

Sampling Area	Cereal Product	Sample Size	Minimum	Mean UB 1	Maximum
Littoral					
	Bread	44	0.02	1.32 ± 0.53	7.2
	Semolina	32	0.02	0.64 ± 0.34	3
	Pasta	32	0.02	0.18 ± 0.12	1.1
:				$0.82 \pm 0.06^{\ 2,3}$	
Continental					
	Bread	46	0.02	0.05 ± 0.03	0.5
	Semolina	45	0.02	0.61 ± 0.80	14.13
	Pasta	27	0.02	0.56 ± 0.26	2.1
				$0.36 \pm 0.01^{2,3}$	

¹ Mean contamination level obtained under a high hypothesis (Upper Bound: UB) was retained because no statistical difference was observed between mean UB and mean LB (Lower Bound). ² Average contamination of the three cereal derivatives. ³ Significant difference (*p*-value = 0.0062) between the mean contamination levels (littoral versus continental).

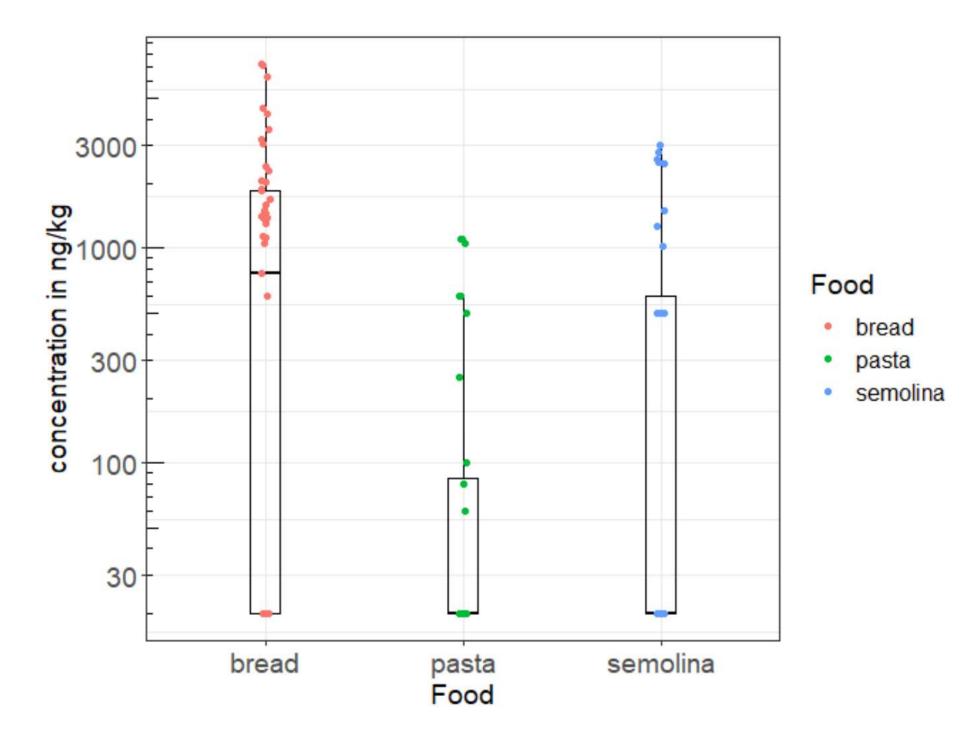


Figure 2. Distribution of OTA concentrations (ng/kg) observed in the littoral region.

PROBABILISTIC APPROACH

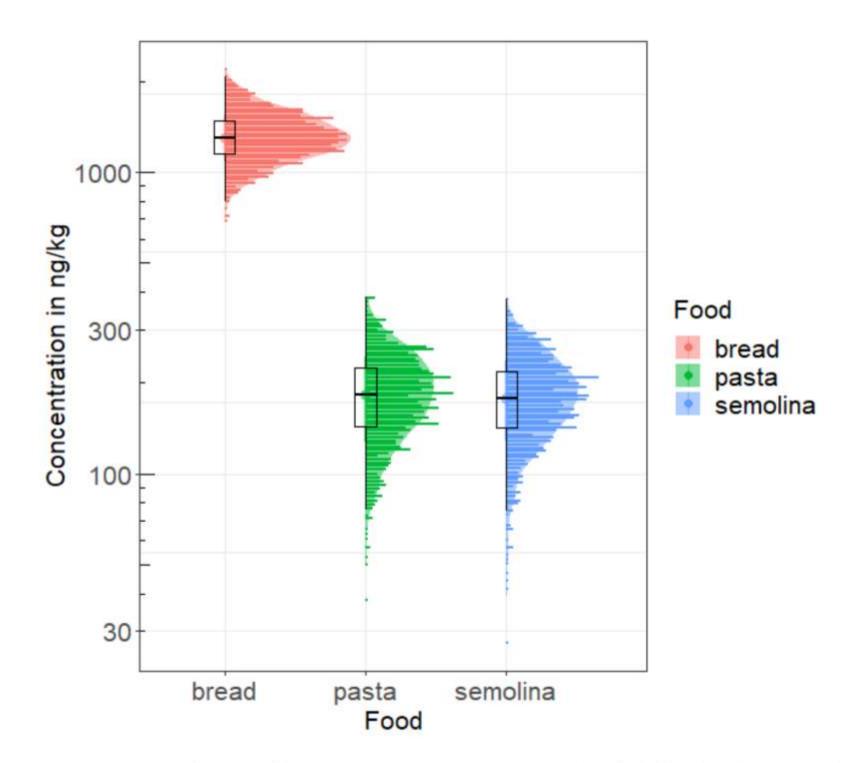


Figure 3. Distribution of average OTA concentrations (ng/kg) for the three cereal derivatives obtained with the 1000 draws with presentation of the results observed in in the littoral region.

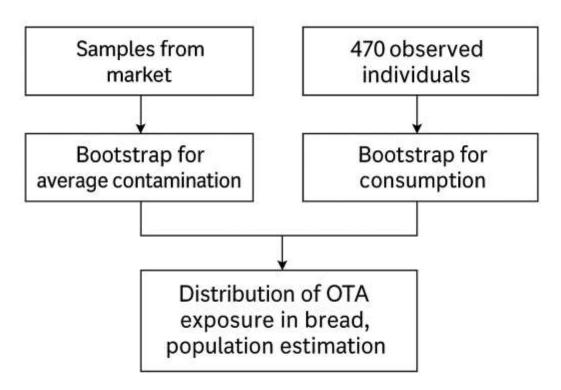
1,000 bootstrap draws of OTA concentrations.

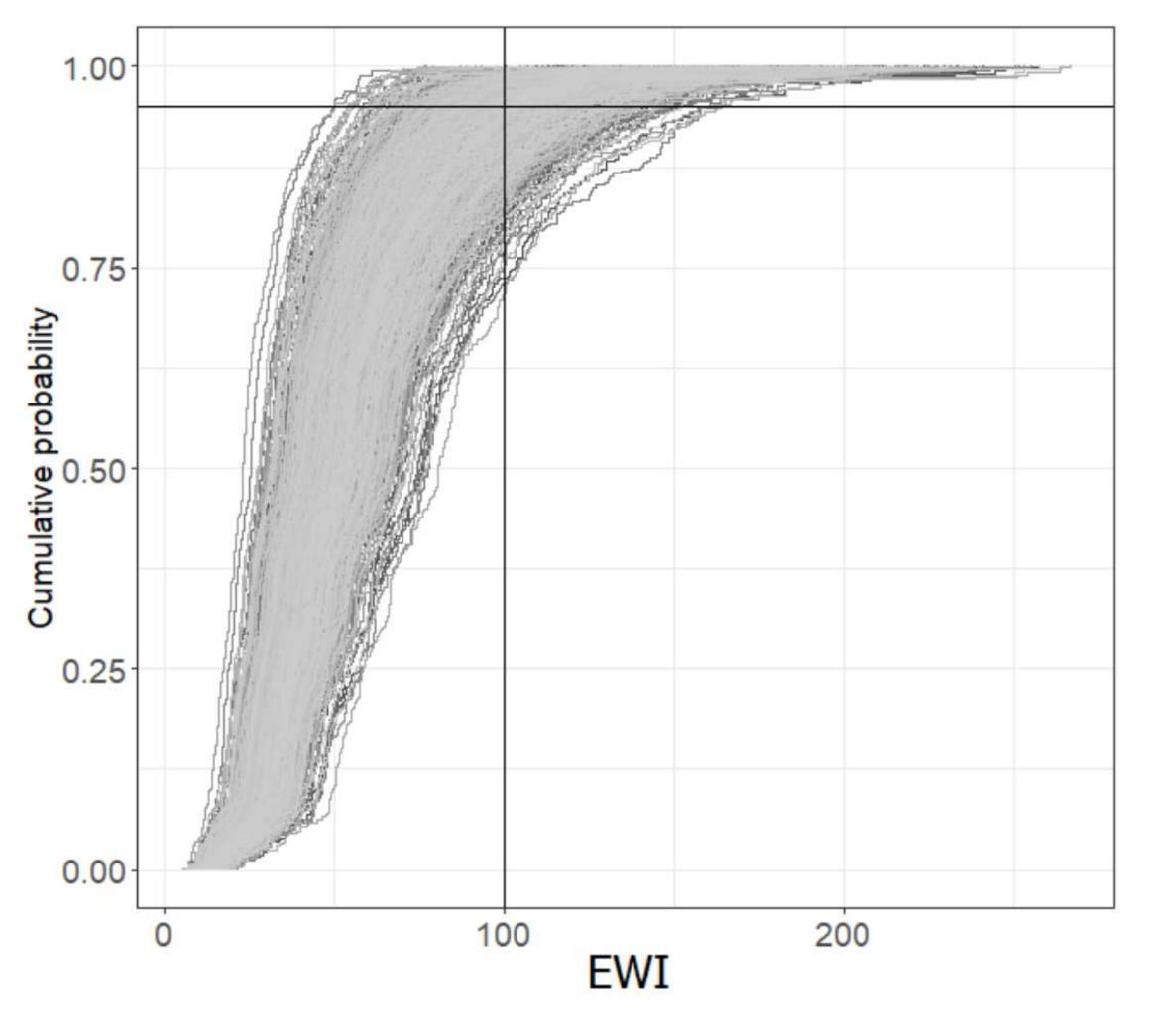
Each draw = new estimation of the contamination average

The distributions show the uncertainty about the average level of contamination

Concept of Bootstrapping

- Bootstrapping is a resampling method used to estimate how much results could vary if we had new data.
- Instead of collecting new samples, we reuse the existing dataset many times by randomly resampling with replacement (meaning each data point can be chosen more than once).
- Each resample gives a slightly different estimate (e.g., average contamination level).
- After many repetitions (often 1,000 or more), we obtain a distribution of possible averages rather than a single number.





"Each curve is a world that could exist, together they define the envelope of our confidence."

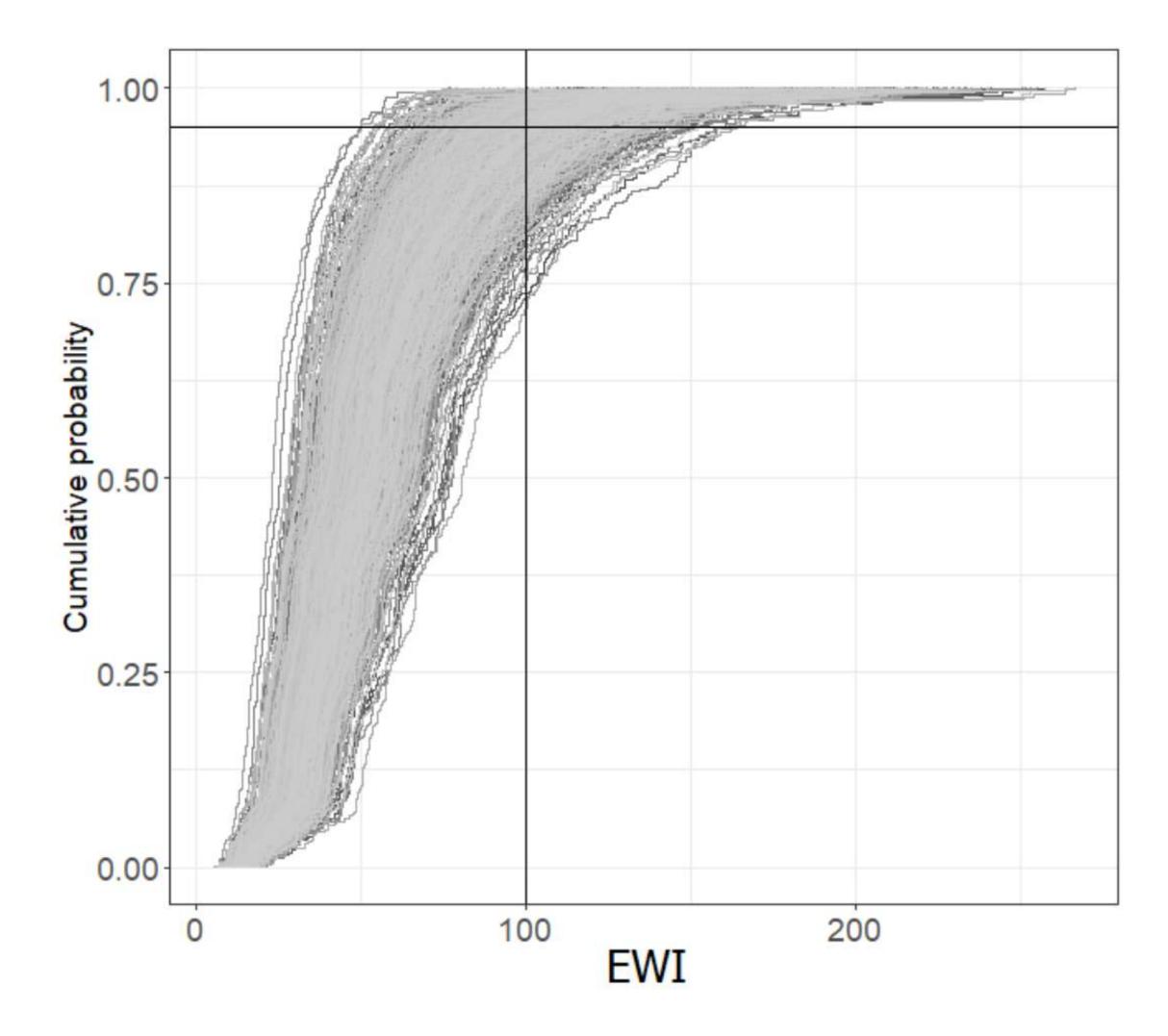


Figure 4. Cumulative distribution of EWI—Probabilistic approach.

Probabilistic estimates Exposure percentiles (ng/kg BW/week):

- P50 = 48.2 [32.6–67.4]
- P75 = 61.8 [42.6–86.4]
- P95 = 97.4 [66.2–137.8]

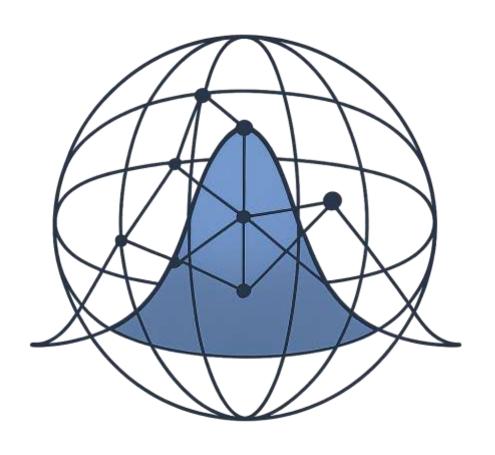
Exceedance of PTWI: 0.4–17.3% (median 4.4%)

Deterministic estimates

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COMPARISON OF APPROACHES

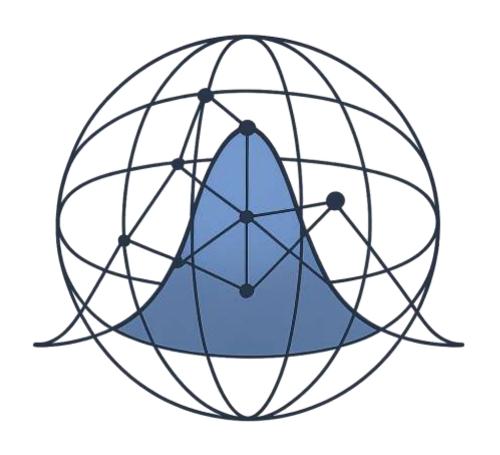


Deterministic = simpler, blind to extremes. Probabilistic = computationally heavy, decision-relevant.

"Regulators need not certainty, but clarity probabilistic analysis provides that clarity."

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KEY FINDINGS

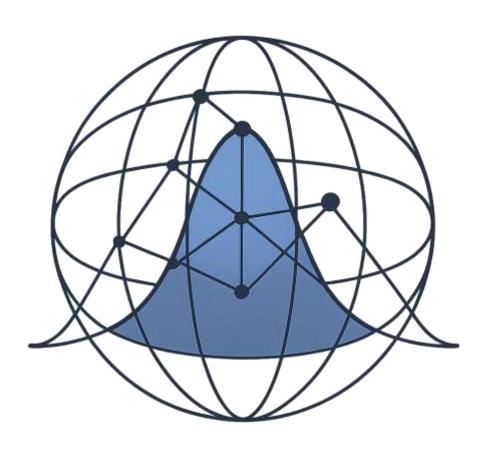


Littoral exposure 7× higher than continental.

Bread drives OTA exceedance.

Probabilistic analysis reveals hidden exceeders.

CONCLUSION



- Bread is the key OTA exposure source, especially in humid coastal regions.
- Probabilistic modeling reveals real-world variability, showing about 4–5 % (Best estimate) of consumers exceed the PTWI.
- Climate and storage conditions drive contamination, making regional risk differentiation essential.
- Probabilistic assessment improves policy relevance, guiding realistic OTA limits and prevention strategies.

""Probabilistic modeling reinforces each layer; sound science, open communication, credible policy."

M O E Z S A N A A

THANKS