

## 24th Meeting of the Codex Contact Points in the Arab Region

**ANALYSIS OF AGENDA ITEMS IN PREPARATION FOR THE 54th  
SESSION OF THE CODEX COMMITTEE ON FOOD ADDITIVES  
(CCFA54)**

*April 18, 2024*

# INTRODUCTION

THE GENERAL STANDARD FOR  
FOOD ADDITIVES

CXS 192-1995

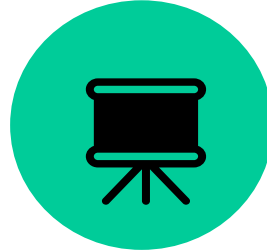


# Understanding Food Additives



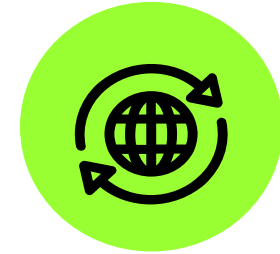
## DEFINITION

- Substances not normally eaten alone or used as standard ingredients.
- Intentionally added for technological functions in food production and preservation



## PURPOSE

- Enhance flavors, improve preservation, and ensure food safety.
- Modify textures, stabilize emulsions, and improve appearance



## TYPES

- Preservatives, sweeteners, colorants, flavor enhancers, emulsifiers, stabilizers, etc.



## EXCLUSIONS

- Distinct from nutritional supplements and unintended contaminants.



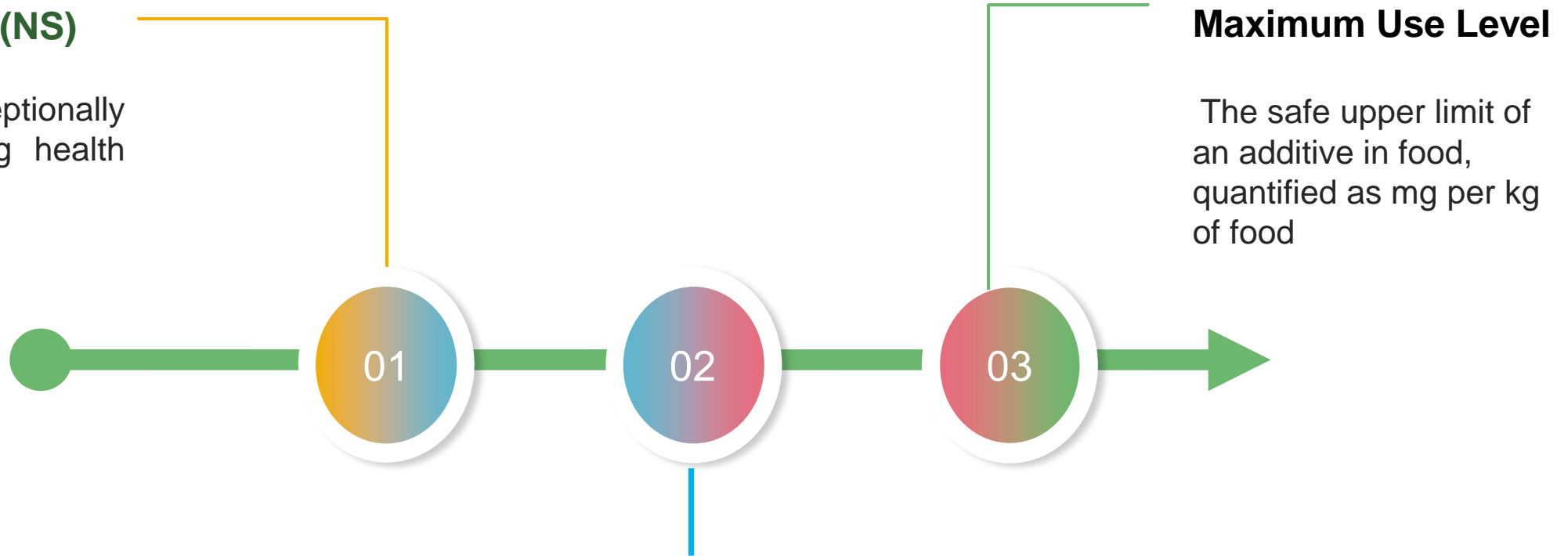
## CONSUMER SAFETY

- Subject to rigorous safety evaluations.
- Must not present health risks under conditions of intended use.
- Acceptable Daily Intake (ADI) established to prevent health risks.

# Safety Measures in Food Additive Consumption

## ADI "Not Specified" (NS)

For additives with exceptionally low toxicity, not posing health risks at any dietary level




## Maximum Use Level

The safe upper limit of an additive in food, quantified as mg per kg of food

## Acceptable Daily Intake (ADI)

A safety threshold for lifetime daily consumption without significant health risks

# What is the GSFA?




The GSFA, or the General Standard for Food Additives, is a set of international food standards concerning the use of food additives, administered by the Codex Alimentarius Commission (CAC), under the Codex Committee on Food Additives (CCFA)



Deals solely with Food Additives:

– “any substance... the intentional addition of which to food for a technological purpose... may be reasonably expected to result... in it or its by products becoming a component of or otherwise affecting the characteristics... of such foods.



# General Principles of the GSFA: Preamble

## PROTECT THE HEALTH OF CONSUMERS

01

- Only lists food additives determined to be safe by JECFA
- Sets criteria for verifying the compatibility of the listed ML with JECFA's ADI (considers use in all foods)
- Provides criteria for justification for use of food additives.

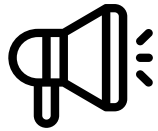
02

## ENSURE FAIR PRACTICES IN FOOD TRADE

- Only lists food additives with INS designated by CODEX
- Sets forth the conditions under which food additives may be used in all foods
- Defines foods in which additives may not be used
- Is the single authoritative reference point for food additives

# GSFA - Criteria for Suitable Food Additives

## GSFA



### Recognition of Suitability for Food Additives

Only additives with an INS entry.

Must be reviewed and assigned an ADI by JECFA



### Food Additive Requirements for GSFA Inclusion

Technological justification and exposure assessment.

Must align with the JECFA ADI and exposure information.

Steps for inclusion in the GSFA

### Technological Justification for Additive Use

Must be technologically justified as per the preamble of GSFA

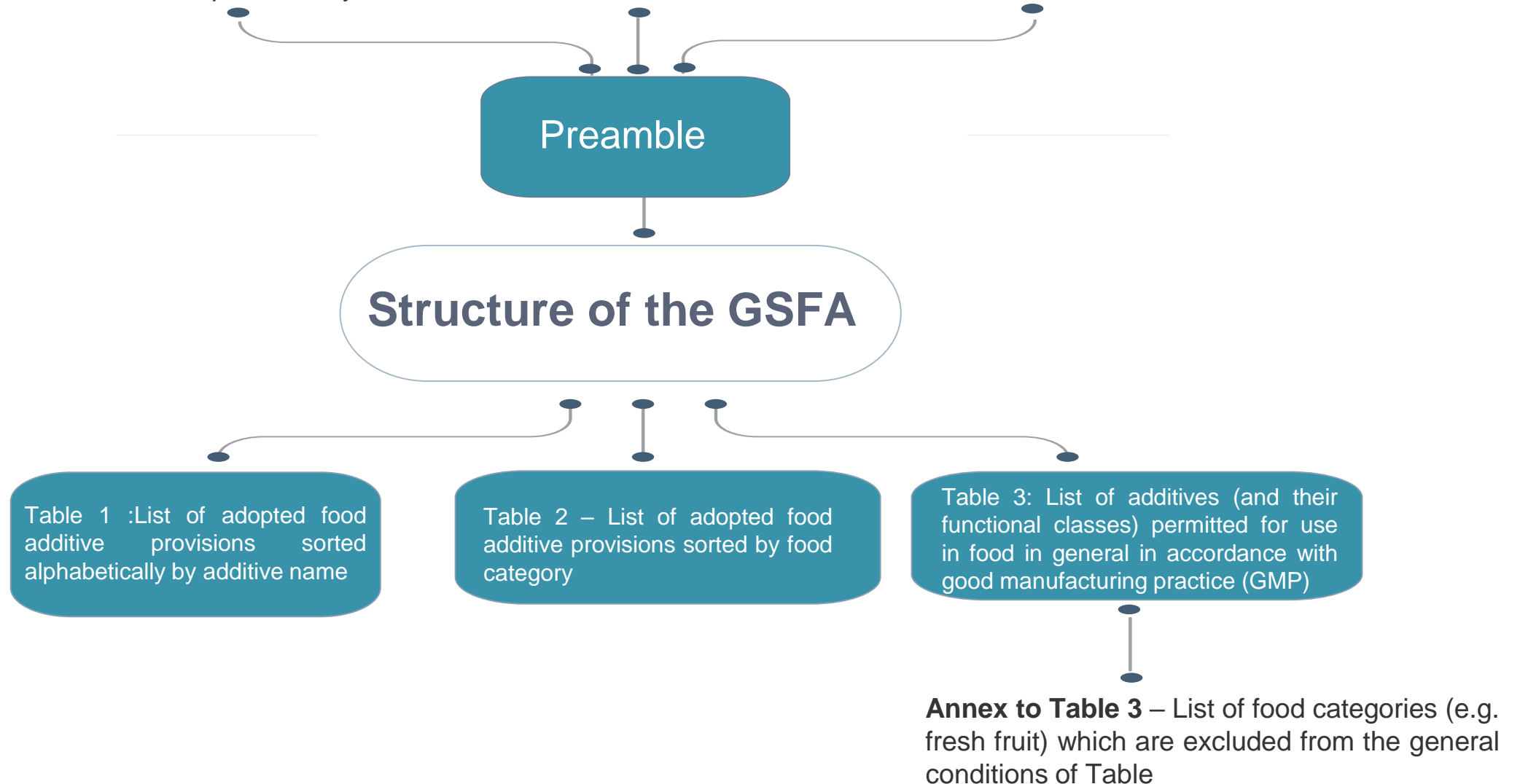
Products containing the additive should be in international trade

# GSFA - Structure of the GSFA

**Annex A** – Guidelines for the development of maximum levels for the use of food additives with numerical acceptable daily intakes

**Annex B** – Food category system

**Annex C** – Cross reference of GSFA food category system with Codex Commodity Standards

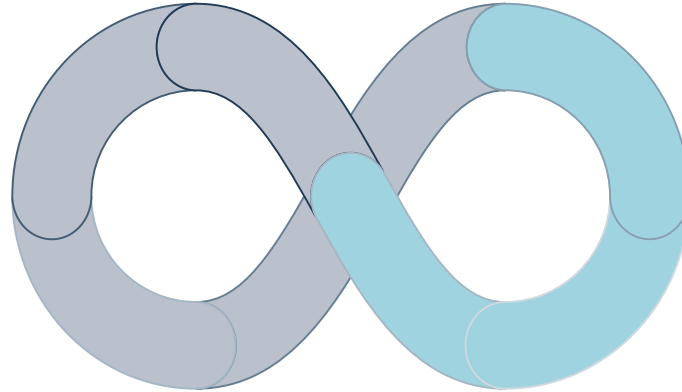




# Organizing Food Additives: Categories and Numbering

## Food Category System

- Hierarchical system with 16 main categories and various subcategories.
- Carry-over principle for additives in compound food



## International Numbering System (INS)

- Harmonized naming and accepted technological functions of additives

01.0 Dairy products and analogues, excluding products of food category 02.0

01.1 Fluid Milk and Milk Products

01.1.1 Fluid Milk (plain)

01.1.2 Other Fluid Milk (plain)

01.1.3 Fluid Buttermilk (plain)

01.1.4 Flavoured Fluid Milk Drinks

01.2 Fermented and renneted milk products (plain),

01.2.1 Fermented milks (plain)

01.2.1.1 Fermented milks (plain), not heat-treated after fermentation

01.2.1.2 Fermented milks (plain), heat-treated after fermentation

01.2.2 Renneted milk (plain)

05.0 Confectionery

05.1 Cocoa products and chocolate products including imitations and chocolate substitutes

05.1.1 Cocoa mixes (powders) and cocoa mass/cake

05.1.2 Cocoa mixes (syrops)

05.1.3 Cocoa-based spreads, incl. fillings

05.1.4 Cocoa and chocolate products

05.1.5 Imitation chocolate, chocolate substitute products

05.2 Confectionery including hard and soft candy, nougats, etc. other than food categories 05.1, 05.3 and 05.4

05.2.1 Hard candy

05.2.2 Soft candy

05.2.3 Nougats and marzipans

05.3 Chewing gum

05.4 Decorations (e.g. for fine bakery wares), toppings (non-fruit), and sweet sauces

# TABLE 1

## GENERAL STANDARD FOR FOOD ADDITIVES

### TABLE ONE

#### Additives Permitted for Use Under Specified Conditions in Certain Food Categories or Individual Food Items

Table 1 specifies, for each food additive or food additive group (in alphabetical order) with a numerical JECFA ADI, the food categories (or foods) in which the additive is recognized for use, the maximum use levels for each food or food category, and its technological function.

Table 1 also includes the uses of those additives with non-numerical ADIs for which a maximum use level is specified.

#### ACESULFAME POTASSIUM

INS 950

Acesulfame potassium

Functional Class: Flavour enhancer, Sweetener

FoodCatNo	FoodCategory	MaxLevel	Notes	Year Adopted
01.1.4	Flavoured fluid milk drinks	350 mg/kg	478 & 188	2019
01.3.2	Beverage whiteners	2000 mg/kg	188, 201, 478, XS250, XS252	2021
01.4.4	Cream analogues	1000 mg/kg	188, 478 & 68	2021
01.5.2	Milk and cream powder analogues	1000 mg/kg	188, 478, XS251 & 408	2021
01.7	Dairy-based desserts (e.g. pudding, fruit or flavoured yoghurt)	350 mg/kg	478 & 188	2019

# TABLE 2

Table 2 contains the same information as Table 1, but the information is **arranged by food category number**.

## CODEX GENERAL STANDARD FOR FOOD ADDITIVES

### TABLE TWO

#### Food Categories or Individual Food Items in Which Food Additives are Permitted

<b>Food Category No. 01.6.4</b>		<b>Processed cheese</b>		
Additive	INS	Year Adopted	Max Level	Notes
ALLURA RED AC	129	2023	100 mg/kg	
CAROTENAL, BETA-APO-8'- (160e)	160e	2023	18 mg/kg	
CAROTENES, BETA-	160a(i),a(iii),a(iv)	2023	25 mg/kg	145, 341, 344
CAROTENES, BETA-, VEGETABLE	160a(ii)	2023	25 mg/kg	145, 341, 344
DIACETYLTARTARIC AND FATTY ACID ESTERS OF GLYCEROL	472e	2005	10000 mg/kg	
HYDROXYBENZOATES, PARA-	214, 218	2012	300 mg/kg	27
IRON OXIDES	172(i)-(iii)	2005	50 mg/kg	
LAURIC ARGINATE ETHYL ESTER	243	2011	200 mg/kg	
NATAMYCIN (PIMARICIN)	235	2006	40 mg/kg	3 & 80
NISIN	234	2018	12.5 mg/kg	233

# TABLE 3

Table 3 lists additives with Not Specified or Not Limited JECFA ADIs that are acceptable for use in foods in general when used at quantum satis levels and in accordance with the principles of good manufacturing practice (GMP).

## GENERAL STANDARD FOR FOOD ADDITIVES

### TABLE THREE

**Additives Permitted for Use in Food in General, Unless Otherwise Specified, in Accordance with GMP**

INS No	Additive	Functional Class	Year Adopted	Specific allowance in the following commodity standards <sup>1</sup>
260	Acetic acid, glacial	Acidity regulator, Preservative	1999	CS 70-1981, CS 94-1981, CS 119-1981, CS 302-2011, CS 249-2006, CS 221-2001, CS 273-1968, CS 275-1973, CS 262-2006 (for use in cheese mass only), CS 160-1987 (only for use in heat pasteurized products to maintain the pH at less than or equal to 4.6, and in heat sterilized products)
472a	Acetic and fatty acid esters of glycerol	Emulsifier, Sequestrant, Stabilizer	1999	CS 275-1973, CS 253-2006 (see functional class table and footnote)
1422	Acetylated distarch adipate	Emulsifier, Stabilizer, Thickener	1999	CS 70-1981, CS 94-1981, CS 119-1981, CS 249-2006, CS 221-2001, CS 273-1968, CS 275-1973, CS 253-2006 (see functional class table and footnote)

