



Standardizing Food Allergen Methods –

Addressing the Needs of the Arab Region

*Oman 6th International Conference on Food Safety and
Quality*

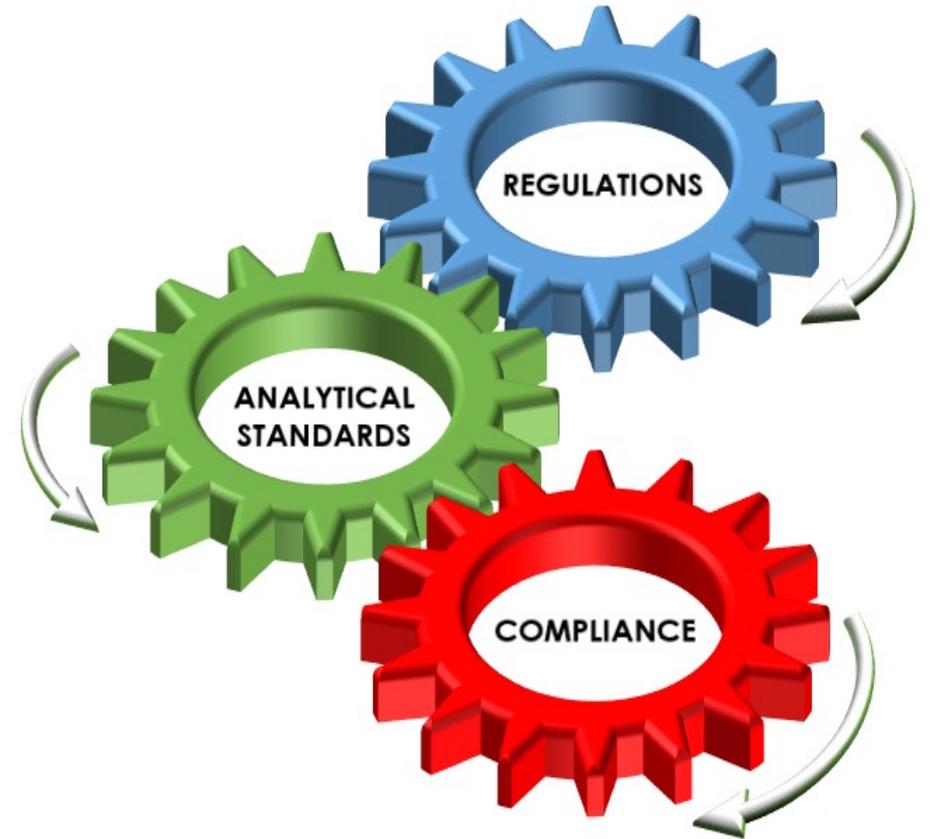
Prof. Samuel Godefroy, Ph.D.

Full Professor, Food Risk Analysis and Regulatory Policies

14 June 2023

Why Do We Need Analytical Standards?

Analytical standards strengthen food regulatory capacity in its reliance on analytical results to support decision-making



Codex Direction for Analytical Methods ...

- ❑ Methods are intended to support food regulatory provisions:
 - Support Compliance by Regulated Parties
 - Support Enforcement by Regulators
- ❑ Methods and their use are therefore an integral part of the implementation of regulatory provisions



Driving for Harmonization Encompasses ...

- ❑ Ensuring that Methods Used in Support of (International) Standards Satisfy Common Criteria of Performance

- ❑ CCMAS Principles:
 - Methods meant to be “international methods are intended for the verification of Codex Standards”.
 - “They should be used for reference in calibration of methods in use or introduced for routine examination and control purposes”.



Codex Procedural Manual



Section II: Elaboration of Codex texts

**PRINCIPLES FOR THE ESTABLISHMENT OF
CODEX METHODS OF ANALYSIS**

Purpose of Codex Methods of Analysis

The methods are primarily intended as international methods for the verification of provisions in Codex standards. They should be used for reference, in calibration of methods in use or introduced for routine examination and control purposes.

Methods of Analysis

Definition of types of methods of analysis

(a) **Defining Methods (Type I)**

Definition: A method which determines a value that can only be arrived at in terms of the method per se and serves by definition as the only method for establishing the accepted value of the item measured.

Examples: Howard Mould Count, Reichert-Meissl value, loss on drying, salt in brine by density.

(b) **Reference Methods (Type II)**

Definition: A Type II method is the one designated Reference Method where Type I methods do not apply. It should be recommended for use in cases of dispute and for calibration purposes.

Example: Potentiometric method for halides.

(c) **Alternative Approved Methods (Type III)**

Definition: A Type III Method is one which meets the criteria required by the Committee on Methods of Analysis and Sampling for methods that may be used for control, inspection or regulatory purposes.

Example: Volhard Method or Mohr Method for chlorides

(d) **Tentative Method (Type IV)**

Definition: A Type IV Method is a method which has been used traditionally or else has been recently introduced but for which the criteria required for acceptance by the Committee on Methods of Analysis and Sampling have not yet been determined.

77

Section II: Elaboration of Codex texts

Note 1: These criteria are applicable to fully validated methods except for methods such as PCR and ELISA, which require other set of criteria.

Note 2: The approaches described for developing method performance criteria are intended for single-analyte provisions. The approaches described may not be suitable for provisions involving sum of components.

Table 1: Guidelines for establishing numeric values for the criteria:

Applicability:	The method has to be applicable for the specified provision, specified commodity and the specified level(s) (maximum and/or minimum) (ML). The minimum applicable range of the method depends on the specified level (ML) to be assessed, and can either be expressed in terms of the reproducibility standard deviation (s_R) or in terms of LOD and LOQ.
Minimum applicable range:	For ML ≥ 0.1 mg/kg, [ML - 3 s_R , ML + 3 s_R] For ML < 0.1 mg/kg, [ML - 2 s_R , ML + 2 s_R] s_R ¹⁴ = standard deviation of reproducibility
Limit of Detection (LOD):	For ML ≥ 0.1 mg/kg, LOD \leq ML · 1/10 For ML < 0.1 mg/kg, LOD \leq ML · 1/5
Limit of Quantification (LOQ):	For ML ≥ 0.1 mg/kg, LOQ \leq ML · 1/5 For ML < 0.1 mg/kg, LOQ \leq ML · 2/5

Precision:	For ML ≥ 0.1 mg/kg, HorRat value ≤ 2 For ML < 0.1 mg/kg, the RSD _{TR} < 22%. RSD _R ¹⁵ = relative standard deviation of reproducibility. RSD _R ≤ 2 , PRSD _R																																												
Recovery (R):	<table border="1"> <thead> <tr> <th>Concentration</th> <th>Ratio</th> <th>Unit</th> <th>Recovery (%)</th> </tr> </thead> <tbody> <tr> <td>100</td> <td>1</td> <td>100% (100g/100g)</td> <td>98 – 102</td> </tr> <tr> <td>≥ 10</td> <td>$\geq 10\%$</td> <td>(10g/100g)</td> <td>98 – 102</td> </tr> <tr> <td>≥ 1</td> <td>$\geq 1\%$</td> <td>(1g/100g)</td> <td>97 – 103</td> </tr> <tr> <td>≥ 0.1</td> <td>$\geq 0.1\%$</td> <td>(1mg/g)</td> <td>95 – 105</td> </tr> <tr> <td>0.01</td> <td>10^{-4}</td> <td>100 mg/kg</td> <td>90 – 107</td> </tr> <tr> <td>0.001</td> <td>10^{-5}</td> <td>10 mg/kg</td> <td>80 – 110</td> </tr> <tr> <td>0.0001</td> <td>10^{-6}</td> <td>1 mg/kg</td> <td>80 – 110</td> </tr> <tr> <td>0.00001</td> <td>10^{-7}</td> <td>100 μg/kg</td> <td>80 – 110</td> </tr> <tr> <td>0.000001</td> <td>10^{-8}</td> <td>10 μg/kg</td> <td>60 – 115</td> </tr> <tr> <td>0.0000001</td> <td>10^{-9}</td> <td>1 μg/kg</td> <td>40 – 120</td> </tr> </tbody> </table>	Concentration	Ratio	Unit	Recovery (%)	100	1	100% (100g/100g)	98 – 102	≥ 10	$\geq 10\%$	(10g/100g)	98 – 102	≥ 1	$\geq 1\%$	(1g/100g)	97 – 103	≥ 0.1	$\geq 0.1\%$	(1mg/g)	95 – 105	0.01	10^{-4}	100 mg/kg	90 – 107	0.001	10^{-5}	10 mg/kg	80 – 110	0.0001	10^{-6}	1 mg/kg	80 – 110	0.00001	10^{-7}	100 μ g/kg	80 – 110	0.000001	10^{-8}	10 μ g/kg	60 – 115	0.0000001	10^{-9}	1 μ g/kg	40 – 120
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Trueness:	Other guidelines are available for expected recovery ranges in specific areas of analysis. In cases where recoveries have been shown to be a function of the matrix other specified requirements may be applied.																																												

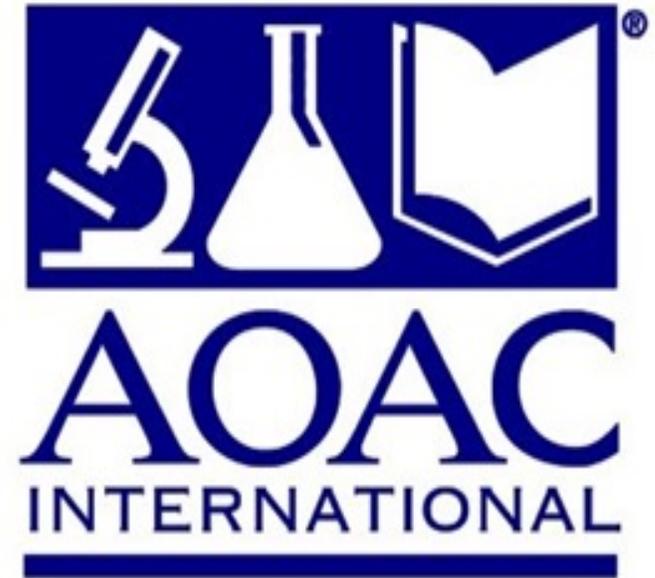
¹⁴ The s_R should be calculated from the Horwitz/Thompson equation. When the Horwitz/Thompson equation is not applicable (for an analytical purpose or according to a regulation) or when "converting" methods into criteria then it should be based on the s_R from an appropriate method performance study.

¹⁵ The RSD_R should be calculated from the Horwitz/Thompson equation. When the Horwitz/Thompson equation is not applicable (for an analytical purpose or according to a regulation) or when "converting" methods into criteria then it should be based on the RSD_R from an appropriate method performance study.

80



- ❑ Has the mandate to approve reference methods in support of the application of Codex standards
- ❑ Codex : is a Risk Management Body and seeks advice to develop and Adopt Standards
- ❑ AOAC International Methods is one of the Sources for Codex Standard Methods



CODEX STAN 234-1999

RECOMMENDED METHODS OF ANALYSIS AND SAMPLING

CODEX STAN 234-1999¹

PART A

METHODS OF ANALYSIS BY COMMODITY CATEGORIES AND NAMES

Infant formula	Sodium and potassium	AOAC 984.27	ICP emission spectrometry	III
Infant formula	Sodium and potassium	ISO 8070 IDF 119:2007	Flame atomic absorption spectrophotometry	II
Infant formula	Thiamine	AOAC 986.27 ¹²	Fluorimetry	III
Infant formula	Thiamine	EN 14122:2003 (Measures all vitamin B ₁ forms (natural and added free, bound and phosphorylated) following extraction and conversion to thiamine)	HPLC with pre-or post column derivatization to thiochrom	II

CODEX ALIMENTARIUS

INTERNATIONAL FOOD STANDARDS



Food and Agriculture Organization of the United Nations



World Health Organization

E-mail: codex@fao.org - www.codexalimentarius.org



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Performance Requirements Parameters for chemical quantitative methods:

Analytical Range

Limit of Detection

Limit of Quantitation

Repeatability

Recovery

Reproducibility

4. Method Performance Requirements

Analytical range	0.01–5.0 ^a	
Limit of detection (LOD)	≤0.004 ^a	
Limit of quantitation (LOQ)	≤0.01 ^a	
Repeatability (RSD _r)	0.01 ^a	≤15%
	0.2 ^a	≤7%
	0.5 ^a	
	5.0 ^a	
Recovery	0.01 ^a	90–110%
	0.2 ^a	
	0.5 ^a	
	5.0 ^a	
Reproducibility (RSD _R)	0.3	≤11%
	0.6	
	1.0	
	2.5	
	5.0	
Concentrations apply to (1) "ready-to-feed" liquids "as is"; (2) reconstituted powders (25 g into 200 g water); and (3) liquid concentrates diluted 1:1 by weight.		
^a µg/100 g expressed as cyanocobalamin in reconstituted final product.		



Initiating SMPRs to Final Action Consideration of Methods



***Reliance on
non-traditional
techniques:
Mainly ELISA-based
methods***



GLUTEN



PEANUTS



TREE NUTS



CELERY



MUSTARD



EGGS



MILK



SESAME



FISH



CRUSTACEANS



MOLLUSCS



SOYA



SULPHITES



LUPIN



Food Allergen Rules are Multiplying ...

- ❑ An increased interest in updating food labeling laws or regulations
 - Latin America: Argentina, Columbia, Chile
- ❑ An increasing number of ASEAN countries have considered or are undertaking updates to labelling requirements to consider Allergens as a priority
 - Issue moving from import/export concern to domestic issue
 - Increased awareness of burden of incidents on public health systems
- ❑ China considering (mandatory) food allergen regulations



AOAC Food Allergen Community

442 ABBOTT ET AL.: JOURNAL OF AOAC INTERNATIONAL VOL. 93, NO. 2, 2010

SPECIAL SECTION ON FOOD ALLERGEN TESTING

Validation Procedures for Quantitative Food Allergen ELISA Methods: Community Guidance and Best Practices

MICHAEL ABBOTT, STEPHEN HAYWARD, WILLIAM ROSS, and SAMUEL BENREJEB GODEFROY

Health Canada, Food Directorate, Health Products and Food Branch, PL 2201C, Ottawa, ON, Canada, K1A 0L2

FRANZ ULBERTH and ARJON J. VAN HENGEL

European Commission, Joint Research Centre, Institute for Reference Materials and Measurements, Retieseweg 111, 2440 Geel, Belgium

JAMES ROBERTS

National Measurement Institute, Department of Innovation, Industry, Science and Research, 1 Suakin St, Pymble NSW 2073, Australia

HIROSHI AKIYAMA

National Institute of Health Sciences, 1-18-1 Kamiyoga, Setagaya-ku, Tokyo 158-8501, Japan

BERT POPPING

Eurofins Scientific, 69a Kilnwick Rd, Pocklington Yorkshire, YO42 2JY, United Kingdom

JUPITER M. YEUNG¹

Nestlé Nutrition, Product Technology Center-Fremont, 445 State St, Fremont, MI 49413-0001

PAUL WEHLING

General Mills, Inc., 330 University Ave SE, Minneapolis, MN 55414

STEVE L. TAYLOR

Food Allergy Research and Resource Program, University of Nebraska, Lincoln, NE

ROLAND ERNEST POMS

ICC-International Association for Cereal Science and Technology, Vienna, Austria

PHILIPPE DELAHAUT

CER Groupe-Laboratoire d'Hormonologie, Rue du Point du Jour, 8, B-6-900 Marloie, Belgium

This document provides supplemental guidance on specifications for the development and implementation of studies to validate the performance characteristics of quantitative ELISA methods for the determination of food allergens. It is intended as a companion document to other existing publications on method validation. The guidance is divided into two sections: information to be provided by the method developer on various characteristics of the method, and implementation of a multilaboratory validation study. Certain criteria included in the guidance are allergen-specific. Two food allergens, egg and milk, are used to demonstrate the criteria guidance. These recommendations will be the basis of the harmonized validation protocol for any food allergen ELISA method, whether proprietary or nonproprietary, that will be submitted to AOAC and/or regulatory authorities or other bodies for status recognition. Regulatory authorities may have their own particular requirements for data packages in addition to the guidance in this

document. Future work planned for the implementation and validation of this guidance will include guidance specific to other priority allergens.

Although there are a number of documents published on method validation (1, 2) which target analytical methods in general, and there are numerous publications on validation of ELISA methods for pesticides, these documents do not address specific areas of concern for food allergen analysis, such as reference materials, spiking methods, or choice of matrices. In the absence of a universally recognized reference standard for food allergen ELISAs, many organizations and end-users use different validation protocols and different analytical standards. Such inconsistency and duplication inevitably has a negative economic impact on the food allergen community. This document is designed to accompany the AOAC Guidelines for Collaborative Study Procedures to Validate Characteristics of a Method of Analysis (1), and to provide guidance specific to the validation of quantitative ELISA-based methods for food allergens. This protocol was designed to meet or exceed the minimum requirements set forth in Appendix D of the AOAC Guidelines; it was developed with input from a wide range of experts in the area

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Corresponding author's e-mail: Michael.Abbott@hc-sc.gc.ca

¹ Part of this work was done while author Yeung was employed by the Grocery Manufacturers Association.



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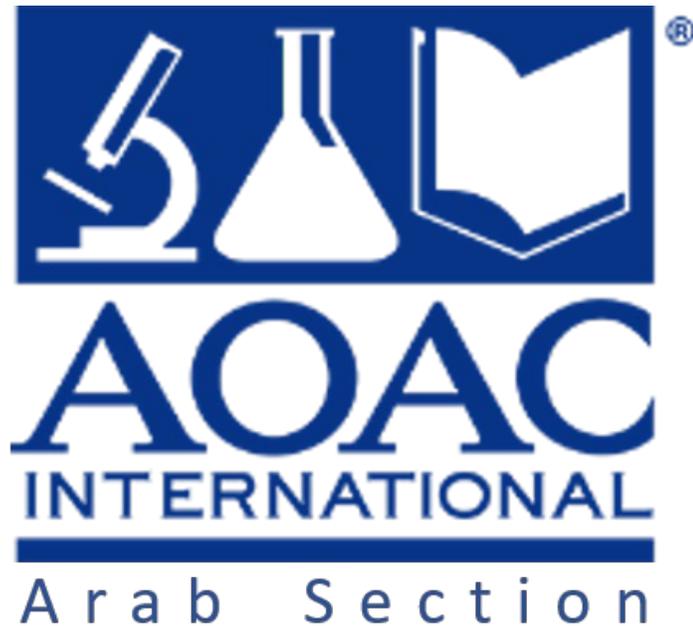
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Establishing a Section of AOAC INTERNATIONAL in the Arab Region





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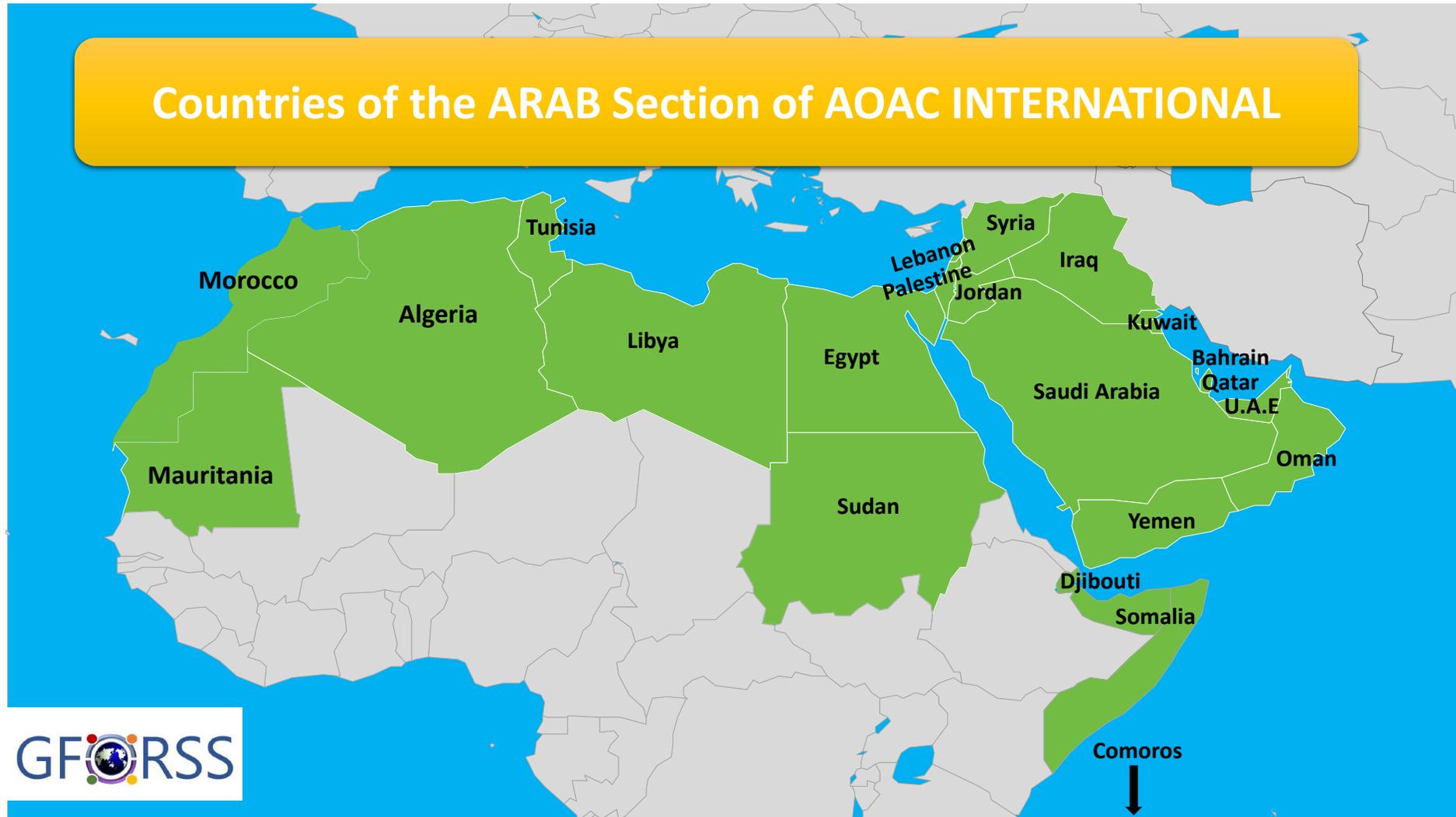


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Introduction: Arab Region



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What Can be Achieved ...Standardized Food Allergen Methods for the Arab Region

- ❑ A consensus validation protocol for ELISA-based allergen determination methods based on AOAC Protocols
 - Recognize AOAC Processes and leverage achievements
 - Enabler to Undertake Inter-laboratory validation studies for ELISA-based test kits (targeting food allergens) for food matrices of interest to the **Arab Region**
 - Enabler to foster data gathering on allergen methods to be submitted for evaluation under the auspices of AOAC International





- ❑ Developing Common Validation Protocols
- ❑ **Food Allergen Methods as a Pilot for the Standard on Arab Food Analytical Methods**



